

4.1 Helmet

Every rider or jockey when mounted on a horse on any racecourse for the purpose of riding in a race or during training shall wear a correctly fitted helmet which complies with one of the following safety standards:-

EN 1384: 2012 or EN 1384: 2017

AS/NZS 3838 2006

PAS 015: 2011

ASTM F116 3-04a (2011), ASTM F1163-13 or ASTM F1163-15

UTAC/CRITT 04/2015

VG1 01.040 2014-12

SNELL E2001 or SNELL E2016



In order for a helmet to be approved for use, it will be necessary for a manufacturer's label to be attached to the helmet stating that it complies with any of the safety standards listed above.

All helmets must be clearly marked with a date of manufacture.

Any helmet which does not comply with the aforementioned approved safety standards or does not carry a manufacturer's label may be confiscated by the Stipendiary Stewards.

All helmets must be fitted with a nylon interlocking chinstrap clip attachment. The chin strap must pass under the jaw and be attached to the harness by a quick release buckle. Every rider or jockey, when mounted on a horse, shall have the chin strap of his helmet firmly fastened.

The helmet must not have metal hooks and must not have a chin cup, cradle or draw lace.

A rider or jockey is responsible for the serviceable condition of his helmet. In the case of an apprentice jockey the responsibility rests with the apprentice and the trainer to whom he is allocated.

A helmet is not considered as serviceable if it has sustained a severe impact or when the jockey wearing it has suffered from a concussion as a result of a fall. In such circumstances the helmet must be immediately replaced.

A helmet provided to a rider by the Club shall be replaced by no later than 3 years, following the date which such rider takes possession of the helmet.