



馬術技能清單

會員姓名: _____

會員編號: _____

	填寫日期	馬術教練簽署
在馬房內外均能安靜並有信心地接近及控制馬匹。		
檢查馬匹的皮膚和腿部是否有傷害或疾病的跡象		
穿馬衣及脫馬衣。		
穿戴馬腳護具。		
安放馬鞍、套上馬勒及馬頷疆（正確放置鞍布）。		
上馬前檢查馬具。		
上馬及下馬。		
上馬時調整馬鐙及肚帶。		
手執馬韁，能夠調節馬韁的長短。		
在密閉空間策騎有經驗的馬匹／小馬練習慢步、慢跑及快跑時，展示良好和平衡的姿勢。		
解釋在練習結束後讓馬匹平復及冷靜後方將馬匹牽回馬房的重要性。		

會員已達到上述技能水平，並掌握適當的馬術知識，可被視為適合在雙魚河馬術中認養馬匹。

由於以下原因導致的例外情況：

- 以前曾認養過馬匹
- 是一名經驗豐富的騎手

在向本會提供本表格內的個人資料之前，請先細閱有關個人資料(私隱)條例的通告，當中已述明限制本會使用有關資料的規定。該通告可見於交表櫃台和 / 或 http://www.hkjc.com/chinese/corporate/corp_privacy.asp



COMPETENCY CHECKLIST

Member's

Name: _____ **Membership No:** _____

	Date completed	Equestrian Coach's signature
Approach and handle horses quietly and with confidence both in the stable and outside.		
Check the skin & legs of the horse for signs of injury or illness		
Rug up and unrug		
Put on brushing boots and bandages		
Put on a saddle, snaffle bridle and martingale (fit a saddle cloth correctly).		
Check tack before mounting.		
Mount and dismount.		
Adjust stirrups and girth while mounted.		
Take up the rein, be able to lengthen and shorten them.		
Demonstrate a reasonable good, balanced position when riding an experienced horse / pony at exercise in walk, trot and canter in an enclosed space.		
Explain the importance when returning the horse to the stables in a calm and cool state.		

The Member has reached the competency level as stated above and has demonstrated suitable equestrian knowledge to be considered a Livery Holder at BREC.

Exception made due to:

- had a horse on livery before
- experienced rider

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